

### Contact us

to learn more and get connected

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CALL (614) 722-8222

TEXT (844) 637-6667



# A lot's gonna change

You've got this!

with a free personal nurse



## What is Nurse-Family Partnership?

**Nurse-Family Partnership** is for pregnant women who are welcoming a new baby. When you enroll you will be connected to a free personal nurse who will provide the support, advice and information you need to have a healthy pregnancy, a healthy baby and be a great parent.



## How much does it cost?

**Nurse-Family Partnership** is **FREE** to eligible women.

## Your nurse will support you to:

- Have a healthy pregnancy and a healthy baby.
- Become the best parent you can be.
- Learn and practice things that make you more confident, like breastfeeding, nutrition, child development, safe-sleep techniques and much more.
- Get referrals for healthcare, childcare, job training and other support services available in your community.
- Continue your education, develop job skills or follow your dreams for the future.

## Who can enroll in Nurse-Family Partnership?

Anyone who:

- Is pregnant
- Meets income requirements
- Lives in an area where Nurse-Family Partnership is available



## Can my partner participate?

Yes! Partners, family members and friends are welcome to participate in the program, but as the mom, **you are the main focus!**