

Child Resilience Virtual Workshop

Resilience: The Biology of Stress & the Science of Hope

Saturday, June 19 | 10 a.m. to noon

Hosted online by The Center For Family Safety and Healing

Register in advance at <http://bit.ly/ResilienceJune2021>

Attend this **FREE** virtual training for adults, parents and caregivers.

This engaging and interactive virtual workshop features a screening of a documentary, *Resilience: The Biology of Stress & the Science of Hope*, which explores the science of Adverse Childhood Experiences (ACEs) and a new movement to treat and prevent toxic stress. Following the film, there will be a discussion and resources to help support children who have experienced trauma.

**For questions, contact Judy Mathis at
(614) 722-5911 or Judy.Mathis@familysafetyandhealing.org.**

