

Adult Training Topics



The Center for Family Safety and Healing (TCFSH) provides free training and resources to promote change and raise awareness of family violence in our community. The following training topics are available individually or as a series. Please do not hesitate to request a training topic that is not listed; we would be happy to accommodate your needs. Continuing education units are available for eligible staff (10 weeks advance notice is required).

Family/Domestic Violence Overview (1 – 2 hours)

This session will build the foundation to understanding family and domestic violence. Participants will discuss the ways we talk and think about family violence and will learn about abuse dynamics. This session is a prerequisite for a series training.

Child Abuse, Child Sexual Abuse, and Mandated Reporting (1 – 3 hours)

Participants will learn the definitions, signs, and effects of child abuse. The instructor will review the Mandated Reporting process. Additionally, participants will explore and discuss bystander interventions.

Children Exposed to Domestic Violence (1 – 2 hours)

The long-term impact of domestic violence has direct implications for children, including increased health risks, substance abuse, and other risky behaviors. Learn about the effects of exposure to domestic violence for children and ways children recover.

Cultural Competency and Family Violence (2 – 3 hours)

Through an interactive immersion experience, participants will explore the dynamics of domestic violence relationships and cultural/social factors. Participants will learn appropriate strategies for responding to victims using empowerment-based techniques.

Darkness to Light's STEWARDS OF CHILDREN® (2.5 hours)

Stewards of Children is an evidence-informed prevention solution that increases knowledge, improves attitudes, and changes child protective behaviors. This session teaches adults how to prevent, recognize, and react responsibly to child sexual abuse.

Domestic Violence in the Workplace (1 – 2 hours)

Participants will learn about the ways domestic violence not only impacts family life, but also directly affects an organization's productivity and workplace safety. Additionally, participants will explore ways abusers exploit company resources and the warning signs of domestic violence in the workplace. Finally, participants will learn about the *Three R's* to Recognize, Respond and Refer.

Faith and Family Violence (1 – 2 hours)

Participants will learn about the impact and response of various faith communities to family violence. Additionally, participants will explore appropriate responses to victims and perpetrators.

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Family Violence Screening Protocol Training (1 – 2 hours)

This training is for professionals in the medical and behavioral health fields. The protocol aligns with JCAHO, ACOG, and other medical boards. Learn what Ohio law requires for reporting and about other field-related mandates.

Healthy Teen Relationships (1 – 2 hours)

This session will cover the dynamics of teen relationship abuse, particularly warning signs for abused and abusive teens. Participants will learn how to appropriately respond, empower teens to make healthy relationship choices, and provide local and national resources to teens.

Resilience (2 – 3 hours)

This workshop features a screening of an hour-long documentary, *Resilience: The Biology of Stress & the Science of Hope*, which addresses Adverse Childhood Experiences (ACEs). Participants will receive resources and tools to increase trauma-responsive care practices.

Safer, Smarter Kids - Elementary (3 hours)

An abuse prevention curriculum designed for Pre-K and elementary-aged children. The education program uses developmentally appropriate information to arm children with the tools and language they need to increase protection from abuse.

Stalking: It's Not a Joke (1 – 2 hours)

This interactive presentation will define stalking, explore resources to prevent or interrupt stalking behaviors and provide information about the processes to report behavior that makes someone feel uncomfortable.

Strengthening Healthy Relationships on Campus (1 – 2 hours)

This session will explore best practices in the promotion of healthy intimate partnerships on college campuses, from national, evidence-based trainings to trauma-responsive exercises that can be incorporated into existing programs.

Teens and Technology: Dating in a Digital World (1 – 2 hours)

Technology is an important aspect of teen dating relationships. In this session, participants will explore popular social media applications and websites frequented by teens that can be used as a tool of power and control as well as prevention.

Other customized options are available.

For trainings or presentations contact:

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